

Spiritual Direction Enrollment Form

What is Spiritual Direction?

Spiritual direction helps you to own, clarify and pay attention to your spiritual journey. It is a process that helps you connect your sense of the divine and your sense of faith, whatever they may be, to your experience of daily living. Spiritual direction often is an ongoing series of sessions as part of a longer-term relationship. It may also address and support short-term needs. Work with a spiritual director can help develop a sense of inner peace, and discernment of life purpose. Persons may seek out a spiritual director for many different reasons, including:

- Informal spiritual companionship
- Clarification of one's own mission, vision and purpose
- Addressing challenges, issues, or impasse in one's inner life and spirituality
- Decision making regarding a vocational change or transition
- Exploring and embracing inner growth and transformation

Spiritual direction is not intended to be a substitute for therapy, although there are some similarities. Instead, spiritual direction focuses on guidance in the contemplative realm of life.

Enrollment Information

Name: _____

Address: _____

Email _____ (cell#) _____ (home#) _____ [work #] _____

Occupation/Profession: _____

Preferred method of contact for scheduling initial appointment/Notes: _____

Please respond to the questions and prompts below and on the reverse side of this form.

1) Why are you requesting spiritual direction?

2) Are you facing a particular crisis or challenge at present and if yes, please briefly describe.

- Yes No

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- 3) Indicate any other significant information about yourself
- 4) Have you received spiritual direction in the past? Yes No If yes please describe briefly:
- 5) Are you currently under medical/psychological care? Yes No If yes please describe briefly:

I have read the description of Spiritual Direction provided on this form. I understand spiritual direction is a process designed to support and enable individuals to grow more deeply in one's spiritual journey. Spiritual direction is not therapy, and there is no intended or implied diagnosis, treatment, or advice, contained in the sessions.

Your signature: _____ Date: _____

Upon receipt of your completed enrollment form, your spiritual director will contact you to schedule an initial appointment.

Return form by mail (or email-dmiron@scclanc.org) to

*Samaritan Counseling Center
Attn: David Miron
1803 Oregon Pike
Lancaster, Pa 17601*

Payment

After an initial "get to know you session", the cost of a one-hour spiritual direction session is \$90 if fully or partially subsidized by a congregation or organization or \$70 if self-paid.* Typically, session fees will be invoiced and may be paid by check (made payable to Samaritan Counseling Center) or credit card. If you prefer to pay by credit card, you will be asked to complete a credit card authorization at your second session.

Please check here if a congregation or organization is helping to pay for the sessions.

*In an effort to make access to Spiritual Direction accessible, financial assistance may be available upon request.