

# SAMARITAN COUNSELING CENTER

1803 OREGON PIKE • LANCASTER, PA 17601 • 717-560-9969 • FAX 717-560-9553

## CLIENT UPDATE FORM

THE INFORMATION BELOW IS REQUESTED IN ORDER TO KEEP YOUR FILE INFORMATION CURRENT. PLEASE FILL OUT THIS FORM AS COMPLETELY AS YOU CAN. ALL INFORMATION WILL BE HELD IN STRICT CONFIDENCE.

Date: \_\_\_\_\_ Date of birth of client: \_\_\_\_\_

Client name: \_\_\_\_\_ Name of person completing form if client is a child: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Employer/School: \_\_\_\_\_ Occupation/Grade: \_\_\_\_\_

If the client is a child, is there a legal custody agreement? \_\_\_\_\_ If yes, we will need consent of both parties as well as a copy of the most recent custody agreement.

**If Samaritan Counseling Center is an in-network provider with your insurance company, please provide us with your current insurance card and complete the information requested below.**

Who will be responsible for payment? If health insurance, is the policy in your name? \_\_\_\_\_ If no, list the policyholder's name and date of birth. Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Plan Name: \_\_\_\_\_ Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

If Medicare, list the secondary insurance information (Company, identification number, phone number):

Plan Name: \_\_\_\_\_ Policy Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

What do you consider your most significant difficulty or problem? \_\_\_\_\_

What is your current relationship status?  Single  Married/Partner  Divorced  Widowed  Significant Relationship

Since your last appointment, have there been any changes in your:

\_\_\_\_\_ Health \_\_\_\_\_ Relationship Status \_\_\_\_\_ Drug/Alcohol Use \_\_\_\_\_ Legal Charges/Arrests? If yes to any, please explain: \_\_\_\_\_

Check any of the following that causes you/your child difficulty:

_____ Depression	_____ Poor sleep	_____ Difficulty making decisions
_____ Frequent crying	_____ Rapid and repeating thoughts	_____ Relationship issues
_____ Constant worries	_____ Abnormal elevated mood	_____ Work/career issues
_____ Anxiety	_____ Change in appetite or weight issues	_____ Anger management
_____ Fear	_____ Thoughts of self harm	_____ Trauma
_____ Eating disorder	_____ Thoughts of harming others	_____ Health concerns (describe): _____

Current medication:	Dosage?	What condition?	Prescribed by?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

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## *COUNSELING POLICY*

Thank you for entrusting Samaritan Counseling Center with your care. All new clients are seen initially as a consultation for the purpose of evaluating the nature of personal needs and difficulties, discovering the desirability of counseling or referral, and recommending the type(s) of counseling.

Psychotherapy can have benefits and risks. Since therapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. On the other hand, psychotherapy has also been shown to have benefits for people who go through it. Therapy often leads to better relationships, solutions to specific problems, and significant reductions in feelings of distress. You have the right to discontinue therapy at any time by notifying your therapist of your decision.

One risk of child therapy involves disagreement among parents and/or disagreement between parents and therapist regarding treatment. It is our practice to strive to come to an agreement, although there may be times we may not be able to in the best interests of your child's therapeutic progress. In addition, our role as your child's therapist is limited to only providing treatment, and we are ethically bound to refrain from making recommendations concerning custody or visitation arrangements.

It is our belief that we can best assist you if your treatment is coordinated with other health care professionals who are treating you. In order to accomplish this, with your permission, we will initiate contact with your primary care provider or other pertinent providers.

Samaritan Counseling Center is a faith-aware organization and we have expertise in including client's faith/spiritual beliefs and practices as a part of the therapeutic process. It is our philosophy to work within the belief system of the client. The Center's therapists do not impose their personal beliefs upon clients and only include discussion of spirituality/religion/faith according to the expressed preference of the client.

**APPOINTMENTS AND CANCELLATIONS: If you are unable to keep a scheduled appointment, SCC must be notified at least 24 hours in advance. This can be accommodated by talking with the receptionist or your therapist or leaving a message on SCC's voice mail system. For cancellations or reschedules made with less than 24 hours notice or for a missed appointment, clients will be charged \$40.** If two or more appointments are missed, cancelled or rescheduled with less than 24 hours notice, clients will be charged \$80 for each missed or late cancelled appointment. Unforeseen emergency situations will be taken into account. If you have any questions, please discuss this policy with your therapist.

**CONFIDENTIALITY:** Legally and ethically, the relationship between therapist and client is of a confidential nature. This means that any and all information which is given to the therapist during any session cannot be divulged by the therapist without the client's written consent. However, there are several instances in which confidentiality must be breached due to legal and ethical requirements of the therapist, such as 1) a clear and imminent danger of physical harm to the client or others, 2) therapist suspicion that any child (i.e., under the age of 18) has been abused (including the viewing of child pornography), and 3) a court order issued by a judge. Please review any questions about these limits to confidentiality with your therapist.

There may be times where a spouse, family member, or friend, participates in therapy to assist in your treatment. These persons would not be considered a patient, and therefore would not need to consent to treatment, would not be given a diagnosis or treatment plan, nor would they have any right to access your chart without your written consent.

Please remember that in order to bill your insurance company for your services, information must be provided to your insurer. In most cases, this information is the diagnosis code for your treatment here but an insurer, as the payor, may request additional information, such as a treatment plan or progress notes. We release the minimum amount of information required for compliance. In situations such as worker's compensation or an auto accident claim, your record from each session must accompany each claim for each date of service. Like Samaritan Counseling Center, your insurer must comply with privacy practices as a part of the Health Insurance Portability and Accountability Act (HIPAA).

EMERGENCIES: The Center does not provide emergency services. If a client has an **urgent** concern, that client's therapist will try to schedule an appointment with the client as soon as possible. The Crisis Intervention Center (394-2631) or your local emergency room are available for emergencies.

TERMINATION: If a client makes the decision to terminate counseling, SCC requests that a termination session be scheduled with the client's therapist. This is to allow time to finish the therapeutic process and to provide adequate aftercare.

CONSULTATION, EDUCATION, AND SUPERVISION: Relevant material from the counseling sessions may be discussed with professional staff and consultants for consultation, education, or supervision purposes. All information will be handled professionally and confidentially.

CONCERNS: Client satisfaction and quality of care are of utmost importance at Samaritan Counseling Center. Clients who have a complaint or would like to express concerns are encouraged to discuss the issue directly with their therapist. Clients may also contact the Executive Director, Steven Schedler, at 717-560-9969, ext. 252, or the Chair of the Board of Directors in care of Samaritan Counseling Center, 1803 Oregon Pike, Lancaster, PA 17601 in an envelope marked "Confidential". The Executive Director or Chair of the Board of Directors will respond to your complaint, in writing, within two weeks of receiving your complaint. The SCC will not retaliate against any person for filing a complaint.

Samaritan Counseling Center locations are smoke-free and weapons-free (knives, firearms, etc.) environments.

In the event we must contact you by telephone to change your appointment or request information, may we contact you and leave a message:

By cell? Yes  No

At home? Yes  No

At work? Yes  No

Other (List location and phone): \_\_\_\_\_

Your participation here is confidential. However, in the event of an emergency, we ask that you provide us with an emergency contact. **No other information will be released other than the emergency issue and status without a signed consent. By providing us with the information below, you agree that we may contact this person in the event of an emergency.**

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Emergency Name	Phone number(s)	Relationship
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**IN THE INTEREST OF OUR WORKING TOGETHER, I AGREE TO ABIDE BY THE POLICIES ON THIS STATEMENT AND SIGNIFY THAT I HAVE RECEIVED AND UNDERSTAND THE INFORMATION CONTAINED HEREIN.**

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Client signature (or parent/guardian signature if client is a minor)	Date
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<b>*Signature of minor client, if minor is 14 years or older</b>	Date
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Staff signature	Date
-----------------	------

Office Use Only <input type="checkbox"/> ID Verification File Copy? Yes ___ No ___
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## FEE POLICY

**COUNSELING FEES AND PAYMENT:** All fees for services received at the Samaritan Counseling Center (SCC) are your responsibility. Since insurance coverage is variable, SCC cannot guarantee what services will be covered by any insurance plan. SCC requests that you contact your insurance company for benefit information related to outpatient mental health.

If SCC is a **contracted** provider with your insurance company, a co-pay and/or co-insurance will be expected at the time of each session. Co-pays/co-insurance/deductibles are determined by your insurance company and your plan. If your payment is determined to be incorrect upon receipt of the Explanation of Benefits from the insurance company, you are responsible for any underpayment; SCC will refund any overpayments. Clients are also responsible for any annual deductible. **Please obtain co-pay, co-insurance, deductible and mental health benefits information from your insurance company prior to the first appointment.**

If SCC is **not a contracted** provider with your insurance company, payment in full will be expected at the time of each session. An itemized receipt will be given to you at each session for submission to your insurance company. Please refer to the fee schedule below.

We accept Mastercard/Visa/Discover, check made payable to Samaritan Counseling Center or cash. A \$15 service charge will be levied on all checks returned by a bank for insufficient funds.

**If you or the client (if the client is a child) are not** the responsible party for payment, please print the name and address of the person responsible. If the payor is not you, please have the responsible party read and sign a copy of this form as well.

Name: \_\_\_\_\_

Address/City/State/Zip: \_\_\_\_\_

**FEE SUBSIDIES :** In the case of special financial need, a subsidized fee (based in part on total family income and size) may be arranged with the therapist as funds are available. Payment of the client's portion of the fee is to be made at each session.

**APPOINTMENTS AND CANCELLATIONS:** If you are unable to keep a scheduled appointment, SCC must be notified at least 24 hours in advance. This can be accommodated by talking with the receptionist or your therapist or leaving a message on SCC's voice mail system. For cancellations or reschedules made with less than 24 hours notice or for a missed appointment, clients will be charged \$40. If two or more appointments are missed, cancelled or rescheduled with less than 24 hours notice, clients will be charged \$80 for each missed or late cancelled appointment. Unforeseen emergency situations will be taken into account. If you have any questions, please discuss this policy with your therapist.

**ANCILLARY SERVICES:** If you request services beyond the typical standard of care, such as records review from another provider or a school, phone or in-person discussion with, but not limited to, such contacts as a school counselor, another provider or a case manager, these services are billed directly to you at \$100 per hour and are not reimbursable by your insurance company.

SERVICE	REGULAR FEE	FEE IF PAID AT TIME OF SERVICE	SERVICE	REGULAR FEE	FEE IF PAID AT TIME OF SERVICE
Adult Initial Evaluation	\$160.00	\$145.00	Child or Family Ongoing Session (38-52 minutes minutes)	\$120.00	\$105.00
Child or Family Initial Evaluation	\$170.00	\$155.00	Abbreviated session (greater than 16 minutes)	\$80.00	\$72.00
Adult Ongoing Session (38-52 minutes minutes)	\$110.00	\$95.00	Extended session (greater than 53 minutes)	\$140.00	\$125.00

Ancillary Services: \$100 per hour. Not billable to insurance (see above).

Vouchers from Partner Churches are worth one session – session can be one initial evaluation or one ongoing session.

Client signature (or parent/guardian signature if client is a minor) \_\_\_\_\_ Date \_\_\_\_\_

\*Signature of minor client, if minor is 14 years or older \_\_\_\_\_ Date \_\_\_\_\_

Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

# Samaritan Counseling Center

1803 Oregon Pike  
Lancaster, PA 17601  
717-560-9969

# Notice of Privacy Practices

Steven Schedler, Executive Director  
sschedler@scclanc.org

## Your Information. Your Rights. Our Responsibilities.

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This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.**

### Your Rights

You have the right to:

- Get a copy of your paper or electronic medical record
- Correct your paper or electronic medical record
- Request confidential communication
- Ask us to limit the information we share
- Get a copy of this privacy notice
- Get a list of those with whom we've shared your information
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

### Your Choices

You have some choices in the way that we use and share information as we:

- Provide mental health care
- Discuss appointments, treatment or goals with those you choose

### Our Uses and Disclosures

We may use and share your information as we:

- Treat you
  - Run our organization
  - Bill for your services
  - Help with public health and safety issues
  - Comply with the law
  - Address workers' compensation, law enforcement, and other government requests
  - Respond to lawsuits and legal action
- 

### Your Rights

**When it comes to your health information, you have certain rights.** This section explains your rights and some of our responsibilities to help you.

#### Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

#### Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say "no" to your request, but we'll tell you why in writing within 60 days.

#### Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say "yes" to all reasonable requests.

#### Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say "no" if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.

#### Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

#### Get a copy of this privacy notice

- You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

#### Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

## **File a complaint if you feel your rights are violated**

- You can complain if you feel we have violated your rights by contacting us using the information on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/).
- We will not retaliate against you for filing a complaint.

## **Your Choices**

**For certain health information, you can tell us your choices about what we share.** If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care  
*If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.*

In these cases we never share your information unless you give us written permission:

- Most sharing of psychotherapy notes

## **Our Uses and Disclosures**

### **How do we typically use or share your health information?**

We typically use or share your health information in the following ways.

#### **Treat you**

We can use your health information and share it with other professionals who are treating you.

*Example: A doctor treating you for an injury asks another doctor about your overall health condition.*

#### **Run our organization**

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

*Example: We use health information about you to manage your treatment and services.*

#### **Bill for your services**

We can use and share your health information to bill and get payment from health plans or other entities.

*Example: We give information about you to your health insurance plan so it will pay for your services.*

### **How else can we use or share your health information?**

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html).

#### **Help with public health and safety issues**

We can share health information about you for certain situations such as:

- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety
- Reporting of impaired drivers

#### **Comply with the law**

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

### **Address workers' compensation, law enforcement, and other government requests**

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

#### **Respond to lawsuits and legal actions**

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

## **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.
- We will never share any substance abuse or HIV disclosures or treatment records without your written permission.

For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html).

## **Changes to the Terms of this Notice**

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

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## ***ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES***

I have had the opportunity to review the **Notice of Privacy Practices** of the Samaritan Counseling Center. I understand that the terms of this Notice may change from time to time, in which case I will be notified of such changes, either verbally or in writing, and, upon my request will be provided the opportunity to review the new Notice.

I understand that I have the right to request that the Samaritan Counseling Center restrict the use or disclosure of protected health information for carrying out treatment, payment and/or health care operations. I also understand that the Samaritan Counseling Center is not required to agree to any restriction; however, if the requested restrictions are agreed to by the Samaritan Counseling Center, those restrictions are binding.

In addition, I understand that the Samaritan Counseling Center may make treatment conditional on my signing this Consent.

Finally, I understand that I have the right to revoke this Consent, in writing, at any time, except to the extent that the Samaritan Counseling Center has acted in reliance hereon.

By my signature below, I give my consent to the Samaritan Counseling Center to use and disclose, for the purpose of carrying out treatment, payment, and/or health care operations, protected health information in reference to:

_____	_____	_____
Client Name	Date of Birth	Relationship of Person Completing this Form to Client Listed (Self, Parent, Guardian, etc.)

\_\_\_\_\_  
Client signature (or parent/guardian signature if client is a minor)      Date

\_\_\_\_\_  
**\*Signature of minor client, if minor is 14 years or older**      Date

\_\_\_\_\_  
Staff Signature      Date  
My signature above verifies that the Client received adequate explanation to make an informed decision

**Restrictions:** \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_ Client Initials

**Samaritan Counseling Center**  
1803 Oregon Pike • Lancaster, PA 17601 • 717-560-9969  
**AUTHORIZATION TO USE OR DISCLOSE HEALTH INFORMATION**  
**FROM/TO PRIMARY CARE PHYSICIAN**

Please read and complete all items

Client Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_

I authorize the use/disclosure of health information about me as described below:

**OBTAIN** from or **RELEASE** to what organization:

Organization Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Complete this section with your Clinician at the time of your appointment.**

This authorization is for the purpose of Coordination of Care with Primary Care Physician.

- |  |   |
|--|---|
| <input type="checkbox"/> Initiation of Treatment Letter  | <input type="checkbox"/> Psychological Evaluation |
| <input type="checkbox"/> Summary of Treatment to Date    | <input type="checkbox"/> Medications              |
| <input type="checkbox"/> Termination of Treatment Letter | <input type="checkbox"/> Medical History          |
| <input type="checkbox"/> Discharge Summary               | <input type="checkbox"/> Lab Reports              |
| <input type="checkbox"/> Treatment Plan                  | <input type="checkbox"/> Other _____              |
| <input type="checkbox"/> Verbal and Phone Communication  |   |

I do NOT wish Samaritan Counseling Center to disclose my Health Information to my Primary Care Physician at this time.

I understand that the information in my health record will include information about behavioral or mental health services. It may also include information about treatment of alcohol or drug abuse or information relating to sexually transmitted diseases, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV).

State and Federal Law protect the following information. If this information applies to you, please indicate if you would like this information released/obtained:

Alcohol, Drug or Substance Abuse Records	<input type="checkbox"/> Yes	<input type="checkbox"/> No
HIV Testing and Results	<input type="checkbox"/> Yes	<input type="checkbox"/> No

I understand that I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain treatment or payment or my eligibility for benefits. I may inspect or copy any information used/disclosed under this authorization.

I understand that the information disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and no longer protected under the terms of this authorization.

I understand that I may revoke this authorization in writing at any time. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to the Center. I understand that the revocation will not apply to information that has already been released in response to this authorization. This authorization expires on \_\_\_\_\_ or one year after the date of execution, whichever comes first.

\_\_\_\_\_  
Client signature (or parent/guardian signature if client is a minor or unable to consent)      Date

If Parent/Guardian, Print Name: \_\_\_\_\_

\_\_\_\_\_  
**\*Signature of minor client, if minor is 14 years or older**      Date

If the patient is unable to consent or is a minor, complete the following. Patient is:

- Minor       Incompetent       Disabled

Legal Authority:

- Custodial Parent     Legal Guardian     Power of Attorney for Healthcare     Authorized Legal Representative

If you have any questions, please call 717-560-9969.



# DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Adult

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female Date: \_\_\_\_\_

If this questionnaire is completed by an informant, what is your relationship with the individual? \_\_\_\_\_

In a typical week, approximately how much time do you spend with the individual? \_\_\_\_\_ hours/week

**Instructions:** The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
I.	1. Little interest or pleasure in doing things?	0	1	2	3	4	
	2. Feeling down, depressed, or hopeless?	0	1	2	3	4	
II.	3. Feeling more irritated, grouchy, or angry than usual?	0	1	2	3	4	
III.	4. Sleeping less than usual, but still have a lot of energy?	0	1	2	3	4	
	5. Starting lots more projects than usual or doing more risky things than usual?	0	1	2	3	4	
IV.	6. Feeling nervous, anxious, frightened, worried, or on edge?	0	1	2	3	4	
	7. Feeling panic or being frightened?	0	1	2	3	4	
	8. Avoiding situations that make you anxious?	0	1	2	3	4	
V.	9. Unexplained aches and pains (e.g., head, back, joints, abdomen, legs)?	0	1	2	3	4	
	10. Feeling that your illnesses are not being taken seriously enough?	0	1	2	3	4	
VI.	11. Thoughts of actually hurting yourself?	0	1	2	3	4	
VII.	12. Hearing things other people couldn't hear, such as voices even when no one was around?	0	1	2	3	4	
	13. Feeling that someone could hear your thoughts, or that you could hear what another person was thinking?	0	1	2	3	4	
VIII.	14. Problems with sleep that affected your sleep quality over all?	0	1	2	3	4	
IX.	15. Problems with memory (e.g., learning new information) or with location (e.g., finding your way home)?	0	1	2	3	4	
X.	16. Unpleasant thoughts, urges, or images that repeatedly enter your mind?	0	1	2	3	4	
	17. Feeling driven to perform certain behaviors or mental acts over and over again?	0	1	2	3	4	
XI.	18. Feeling detached or distant from yourself, your body, your physical surroundings, or your memories?	0	1	2	3	4	
XII.	19. Not knowing who you really are or what you want out of life?	0	1	2	3	4	
	20. Not feeling close to other people or enjoying your relationships with them?	0	1	2	3	4	
XIII.	21. Drinking at least 4 drinks of any kind of alcohol in a single day?	0	1	2	3	4	
	22. Smoking any cigarettes, a cigar, or pipe, or using snuff or chewing tobacco?	0	1	2	3	4	
	23. Using any of the following medicines ON YOUR OWN, that is, without a doctor's prescription, in greater amounts or longer than prescribed [e.g., painkillers (like Vicodin), stimulants (like Ritalin or Adderall), sedatives or tranquilizers (like sleeping pills or Valium), or drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)]?	0	1	2	3	4	

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## CONSENT FOR USE OF EMAIL AND TEXT COMMUNICATIONS

I am consenting to email and text communications between myself and the Samaritan Counseling Center, with the following understanding:

Potential Risks:

- Information transmitted may not be sufficient for a clear understanding between parties.
- Unencrypted email or text communication is **not** a HIPAA compliant form of communication. The Samaritan Counseling Center does not have encryption capabilities to maintain the procedures and protocols necessary for secure communication via email or text. There may be issues beyond the control of the Samaritan Counseling Center that could cause a breach of privacy of your confidential information. With your signature, you are affirming that you understand and are agreeing that the Center cannot guarantee any safety of the information that is discussed with you over these types of communication.
- Under no circumstances can the Samaritan Counseling Center guarantee that any email or text communication will be confidential.

I understand that the following alternatives are available to me:

- A face-to-face appointment with the clinician.
- Communication via telephone.

I understand that I have the right to revoke this Consent, in writing, at any time, except to the extent that the Samaritan Counseling Center has acted in reliance hereon.

By my signature below, I understand that any communication via email or texting is not secure and that the Samaritan Counseling Center does not guarantee the privacy of any communication via these types of communication.

\_\_\_\_\_  
Client Name

\_\_\_\_\_  
Date of Birth of Client

\_\_\_\_\_  
Your relationship to Client (Self, Parent, Guardian, etc.).

\_\_\_\_\_  
If not Client, Print your Name

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Client signature (or parent/guardian signature if client is a minor)

\_\_\_\_\_  
Date

\_\_\_\_\_  
**\*Signature of minor client, if minor is 14 years or older**

\_\_\_\_\_  
Date

\_\_\_\_\_  
**Email Address for minor 14 years or older (if different than email address above)**

\_\_\_\_\_  
Therapist Signature\*

\_\_\_\_\_  
Date

\*My signature above verifies that the client received adequate explanation to make an informed decision.

**Restrictions:** \_\_\_\_\_

Verbal Authorization

The undersigned verify verbal authorization has been given. Please request client review form online for their informed consent.

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

# Samaritan Counseling Center

1803 Oregon Pike • Lancaster, PA 17601 • 717-560-9969

## CONSENT TO VIDEOTHERAPY SERVICES

Client Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

For avoidance of any doubt, the terms Samaritan Counseling Center, “we”, “us”, or “our” refer to Samaritan Counseling Center and the terms “you” and “yours” refer to the client identified above.

### Introduction

Videotherapy services involves the delivery of health care services using electronic communications, information technology or other means between a health care provider employed by or otherwise contracted with the Center (“**Provider**”) and a client who are not in the same physical location. Videotherapy may be used for diagnosis, treatment, follow-up and/or education, and may include, but is not limited to:

- Electronic transmission of clinical records, photo images, personal health information or other data between a member and a Provider;
- Interactions between a client and Provider via audio, video and/or data communications; and
- Use of output data from clinical devices, sound and video files.

The vendor of the electronic systems used in the provision of Videotherapy Services has represented that it incorporates industry standard network and software security protocols to protect the privacy and security of health information.

### Possible Benefits of Videotherapy

- Can be easier and more efficient for you to access clinical care and treatment from a Provider.
- You can obtain clinical care and treatment at times that are convenient for you.
- You can interact with a Provider without the necessity of an in-office appointment.

### Possible Risks of Videotherapy

- Information transmitted to your Provider may not be sufficient to allow for appropriate clinical decision making by the Provider.
- The inability of your Provider to conduct certain tests or assessments in-person may in some cases prevent the Provider from providing a diagnosis or treatment or from identifying the need for emergency clinical care or treatment for you.
- Your Provider may not able to provide clinical treatment for your particular condition via VideoTherapy and you may be required to seek alternative care.
- Delays in clinical evaluation/treatment could occur due to failures of the video technology.
- Security protocols or safeguards could fail causing a breach of privacy.
- Given regulatory requirements, your Provider’s treatment options may be limited.

### Additional Information

- You must have a webcam or a smartphone to utilize Videotherapy services.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be in a quiet, private space that is free from distractions.
- It is important to be on time. If you need to cancel or change your Videotherapy session, you must notify the Provider at least 24 hours in advance. Late cancel/missed appointment charges may apply.
- In the event of technical problems, the Provider will contact you via phone number on file.
- Please provide the contact information for at least one emergency contact.

By accepting this Consent to Videotherapy Services, you acknowledge your understanding and agreement to the following:

1. I understand that the delivery of health care services via Videotherapy is an evolving field and that the use of Videotherapy in my clinical care and treatment may include uses of technology not specifically described in this consent.
2. I understand that while the use of Videotherapy may provide potential benefits to me, as with any clinical care service no such benefits or specific results can be guaranteed. My condition may not be cured or improved, and in some cases, may get worse.
3. It is my duty to inform my Provider of other in-person or electronic interactions regarding my care that I may have with other health care providers.
4. I understand that my Provider may determine in his or her sole discretion that my condition is not suitable for treatment using Videotherapy, and that I may need to seek clinical care and treatment in-person or from an alternative source.
5. A variety of alternative methods of medical care may be available to me, and that I may choose one or more of these at any time. My Provider has explained the alternatives to my satisfaction.
6. I understand that the same confidentiality and privacy protections that apply to my other health care services also apply to these Videotherapy Services.
7. I agree and authorize my Provider and Center to share information regarding the Videotherapy exam with other individuals for treatment, payment and health care operations purposes as allowed by law.
8. I understand that I can withhold or withdraw my consent at any time by emailing or providing other such written notification to my Provider with such instruction, without affecting my right to future care or treatment. Otherwise, this consent will be considered renewed upon each new Videotherapy consultation with my Provider.

### Client Consent To The Use of Videotherapy Services

I have read this special Consent to Videotherapy Services carefully, and understand the risks and benefits of the use of Videotherapy in the course of my treatment. I have discussed it with my Provider, and all of my questions have been answered to my satisfaction. I hereby give my informed consent for the use of Videotherapy in my medical care and authorize the Provider to use Videotherapy Services in the course of my diagnosis and treatment.

\_\_\_\_\_  
Client Name

\_\_\_\_\_  
Date of Birth of Client      Your relationship to Client (Self, Parent, Guardian, etc.).      If not Client, Print your Name

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Client signature (or parent/guardian signature if client is a minor)      Date

\_\_\_\_\_  
\*Signature of minor client, if minor is 14 years or older      Date

\_\_\_\_\_  
Email Address for minor 14 years or older (if different than email address above)

\_\_\_\_\_  
Therapist Signature\*      Date

\*My signature above verifies that the client received adequate explanation to make an informed decision.

**Restrictions:** \_\_\_\_\_

### Verbal Authorization

The undersigned verify verbal authorization has been given. Please request client review form online for their informed consent.

\_\_\_\_\_  
Witness Signature      Date      Witness Signature      Date

## **INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS**

This document contains important information about the decision of both you, as the client, and your therapist at the Samaritan Counseling Center to resume in-person services in light of the public health crisis. Please read this carefully and let your therapist know if you have any questions.

### **Decision to Meet Face to Face**

My therapist at the Samaritan Counseling Center (SCC) and I, the client or the parent/guardian of the client, have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, your therapist may require that you again meet via Videotherapy. If you have concerns about going back to Videotherapy, please discuss this with your therapist in order to try to address the issue. Please be aware that your therapist may determine that a return to Videotherapy is necessary for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, Videotherapy services, your therapist will respect that decision, as long as it is clinically appropriate. Reimbursement for Videotherapy services, however, is determined by the insurance companies and applicable law, so please be sure to check with your insurance company that Videotherapy services are covered.

### **Risks of Opting for In-Person Services**

Please understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

### **Your Responsibility to Minimize Your Exposure**

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, your family members, SCC staff and their family members, and other clients) safer from exposure, sickness and possible death. Your failure or refusal to adhere to these safeguards may result in starting/returning to a Videotherapy arrangement. Initial each to indicate that you understand and agree to these actions:

- \_\_\_\_\_ You will only keep your in-person appointment if you are symptom free.
- \_\_\_\_\_ If you have been exposed to someone with COVID-19, or traveled outside the country or to a state identified for quarantine within the last 14 days, please contact the Center to change your appointment to a virtual session.
- \_\_\_\_\_ If you have tested positive for COVID-19, you may only be seen for an in-person session when you have been symptom and fever free for at least 72 hours.
- \_\_\_\_\_ You will wash your hands or use hand sanitizer when you enter the building.
- \_\_\_\_\_ You will adhere to the safe distancing precautions in your therapist's office or anywhere else in the building.
- \_\_\_\_\_ You will wear a mask in all general areas of the office, including the waiting room and hallways.
- \_\_\_\_\_ If you are requested to wear a mask, you agree to do so.
- \_\_\_\_\_ You will maintain a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with SCC staff.
- \_\_\_\_\_ If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols. (Please, only bring a child if that child is the client.)
- \_\_\_\_\_ If a resident of your home tests positive for the infection, you will immediately let SCC staff know and your therapist will then begin or resume treatment via Videotherapy.
- \_\_\_\_\_ You are/are not (circle one) fully vaccinated for the COVID-19 virus.

SCC staff may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, your therapist will discuss any necessary changes.

**SCC’s Commitment to Minimize Exposure**

Samaritan Counseling Center has taken steps to reduce the risk of spreading the virus within the office. Please let us know if you have questions about these efforts.

**In the Event of Illness**

You understand that SCC is committed to keeping you, SCC staff and all of our families safe from the spread of this virus. If you show up for an appointment and your therapist or other SCC staff believe that you have a fever or other symptoms, or believe you have been exposed, SCC will require you to leave the office immediately. Your therapist can follow up with services by Videotherapy as appropriate.

If a member of the SCC staff with whom you have had contact tests positive for the coronavirus, SCC will notify you so that you can take appropriate precautions.

**Your Confidentiality in the Case of Infection**

If you later test positive for the coronavirus, or if you have been exposed to someone at our office who then tests positive, SCC staff may be required to notify local health authorities that you have been in the office. If SCC has to report this, we will only provide the minimum information necessary for their data collection and will not go into any details of the reason(s) for your visit(s). By signing this form, you are agreeing that Samaritan Counseling Center may do so without an additional signed release.

**Informed Consent**

This agreement supplements to the *Acknowledgement of Receipt of Notice of Privacy Practices*, the *Counseling Policy* and the *Fee Policy* that you signed at the start of our work together.

Your signature below shows that you agree to these terms and conditions.

\_\_\_\_\_  
Client signature (or parent/guardian if client is a minor)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of minor client, if minor is 14 years or older

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist

\_\_\_\_\_  
Date

**Our/My Safety Precautions in Effect during Pandemic**

Our office is taking the following precautions to protect our clients and help slow the spread of the coronavirus.

- Seating throughout the building has been arranged to allow for appropriate physical distancing.
- Restroom soap dispensers are maintained and everyone is required to sanitize or wash their hands upon entry to the building.
- Hand sanitizers that contain at least 60% alcohol are available at each entrance, at the reception counter, and in every office and meeting room.
- Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed.
- Common areas are thoroughly disinfected each day.