



Dear Parents/Guardians:

A letter was sent to the parents/guardians of all students in grade \_\_\_ to participate in (or opt out) of an emotional-wellness screening provided by the TeenHope program under the Samaritan Counseling agency. Students 14 years of age and older have the right to sign and revoke their own consent for the screening process. The screening was conducted today.

**If you are receiving this letter, your child screened at risk for depression and/or anxiety, which means that they may have some existing symptoms. This is not a diagnosis.**

We are providing resources to you to ensure that any parent who chooses to have their child evaluated can do this quickly and easily. Below is a link to Samaritan Counseling Center. Under the TeenHope resource headline, you may find copies of the screening tools. Copies of your student's screenings and their scores will not be provided for students age 14 and older under Pennsylvania law and HIPAA regulations.

<https://scclanc.org/mental-health-wellness/teenhope/>

If you have not already spoken to someone from the TeenHope program, they will be trying to reach you directly.

You can contact the TeenHope Coordinator at Samaritan Counseling Center from 9 a.m. to 5 p.m. Monday-Friday. Please leave a message after hours.

In the meantime, here are some resources for you:

- Samaritan Counseling Center: (717) 560-9969
- Contact your primary care physician
- Student Assistance Program (SAP) –For helpful information for parents on talking to a teen about depression and anxiety, see the reverse side of this letter.

Sincerely,

TeenHope Clinical Director