



Tamar Speaks! Hear Our Voice

A Safe Church Retreat for Adult Survivors of Childhood Sexual Abuse

April 21, 2018 8:30 AM – 3:00 PM

Gretna Glen Retreat Center, 87 Old Mine Road, Lebanon, PA



Tamar speaks! How does the story of Tamar, the daughter of King David who was raped by her brother, speak to us today? We invite you to join us as together we learn about the power of Tamar's story and how it can guide us as we explore our own healing and resilience. How will we claim our survivors voice? What is our call to action? Through art, journaling and fellowship we will create space to hear and be heard as we explore how our stories speak out about surviving, resilience, and ways to use our voices. Healing

and justice can begin in our churches and community as together we rise up to end child sexual abuse.

Those who have previously attended these retreats are welcome to come back! We are including some new activities and fresh material, so please add your voice!

The retreat will be led by Lisa Hanna Witmer, MSW, LSW, a trauma-trained therapist, Linda Crockett, Director of Samaritan Safe Church, and Deb Helt, Safe Church Senior Facilitator & Congregation Support Specialist.

Samaritan Safe Church is a social movement-building program working with congregations of varied denominations to equip all adults to protect children and teens from sexual abuse, not only in our churches, but also in the communities in which we live. A core aspect of Safe Church is lifting up and empowering adult survivors of sexual abuse in our faith communities.

If you have any questions, including whether this retreat is "right" for you, call Deb Helt at Samaritan at 717 560-9969 ext. 273, or email dhelt@scclanc.org

SPACE IS LIMITED. PLEASE REGISTER EARLY TO RESERVE YOUR PLACE.

REGISTRATION DEADLINE IS APRIL 9th. Cost for the retreat is \$35.00 (includes lunch).

Funding support available for those in need. To pay by check or credit card mail the attached registration form to Samaritan Counseling Center, Attn: Deb Helt, 1803 Oregon Pike, Lancaster, PA 17601. Contact Deb Helt at 717-560-9969 ext. 273 to make credit card payments by phone.