



The Center for Women in Leadership

Creating Connections & Leadership Development Programs 2017

Getting Comfortable with Networking

February 9, 2017 (7:30-9:00AM)

Karen Sheeche, Career Consultant & CWiL Leadership Team

Creating a Visual Path to Accomplishing Your Goals

March 9, 2017 (7:30-9:00AM)

Dr. Donna Randolph, My NEW Journeys

Stressed Out? Using a Whole Body Approach to Relieve Physical Tensions Throughout Your Busy Days

April 13, 2017 (7:30-9:00AM)

Tansy Rodgers, Lifestyle & Fitness Coach, beU Complete

Managing Your Energy in the Workplace

May 11, 2017 (7:30-9:00AM)

Lynelle Trigalet, Pause to Refresh

Sleep and Wellness

June 8, 2017 (7:30-9:00AM)

Judith Kennedy, Samaritan Counseling Center

Beyond Goal Setting: How to be, do and get where you want to go.

September 14, 2017 (7:30-9:00AM)

Marilyn Walker, Director of the Outpatient Clinic & Assessment Services, Synergize @ Behavioral Healthcare Corporation

October 12, 2017 (7:30-9:00AM)

TBA

Overwhelmed? Organize Your Life, Decrease Your Stress: Best Practices for Managing Multiple Priorities

November 9, 2017 (7:30-9:00AM)

Kristen Albert, Ed.D., Executive Coach & CWiL Leadership Team

2017 Celebration... 2018 Kick-Off

December 14, 2017 (5:00-6:30PM)